

Maintel Holdings Plc ("Maintel" or "the Company")

Grant of Options

The Company announces that on 18 February 2020 options were granted over ordinary shares of 1 pence each in Maintel ("Ordinary Shares") to certain Directors, persons discharging managerial responsibilities ("PDMRs") and other employees, in accordance with the rules of the Company's 2015 Long-Term Incentive Plan ("LTIP"), with certain options being granted under the Company share option plan ("LTIP CSOP") (the "Grant").

The table below sets out all grants made under the LTIP to Directors and PDMRs:

Director/PDMR	Scheme	Number of options over Ordinary Shares	Exercise Price £	Total number of options over Ordinary Shares following the Grant
Rufus Grig	LTIP CSOP	5,000	2.63	8,673
Stuart Legg	LTIP	5,000	2.63	42,009
Ioan MacRae	LTIP	5,000	2.63	105,000
Kevin Stevens	LTIP	5,000	2.63	44,242
Mark Townsend	LTIP	5,000	2.63	33,409

The awards were made as market value priced options and the exercise price was determined by reference to the previous dealing day's closing middle market price. The awards are not subject to the achievement of performance conditions. The normal date of vesting for these options will be 18 February 2023 and the last date for exercise will be 18 February 2030.

In addition to the LTIP grants set out in the above table, options over a further 5,000 Ordinary Shares were granted to a senior employee, with an exercise price of £2.63.

Enquiries:

Maintel Holdings Plc

Win Chime - Company Secretary 020 7401 0562

finnCap Ltd

Jonny Franklin-Adams / Anthony Adams 020 7220 0500

Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them

1.	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name:	Rufus Grig
2.	Reason for the notification	
a)	Position/status:	Chief Strategy Director

b)	Initial notification/Amendment:	Initial notification				
3.	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name:	Maintel Holdings Plc				
b)	LEI:	2138008TDMNV6ODDI497				
4.	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument: Identification code:	Ordinary shares of 1p each GB00B046YG73				
b)	Nature of the transaction:	Grant of options over ordinary shares under the Company's 2015 Long-Term Incentive Plan				
c)	Price(s) and volume(s):	<table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td>£2.63</td> <td>5,000</td> </tr> </tbody> </table>	Price(s)	Volume(s)	£2.63	5,000
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£2.63	5,000					
e)	Date of the transaction:	18 February 2020				
f)	Place of the transaction:	Off market transaction				

1.	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name:	Stuart Legg
2.	Reason for the notification	
a)	Position/status:	Group Sales and Marketing Director
b)	Initial notification/Amendment:	Initial notification
3.	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name:	Maintel Holdings Plc
b)	LEI:	2138008TDMNV6ODDI497

4.	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
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1.	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name:	Ioan MacRae
2.	Reason for the notification	
a)	Position/status:	Chief Executive Officer
b)	Initial notification/Amendment:	Initial notification
3.	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name:	Maintel Holdings Plc
b)	LEI:	2138008TDMNV6ODDI497
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b)	Nature of the transaction:	Grant of options over ordinary shares under the Company's 2015 Long-Term Incentive Plan	
c)	Price(s) and volume(s):	Price(s)	Volume(s)
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1.	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name:	Kevin Stevens	
2.	Reason for the notification		
a)	Position/status:	Chief Operating Officer	
b)	Initial notification/Amendment:	Initial notification	
3.	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name:	Maintel Holdings Plc	
b)	LEI:	2138008TDMNV6ODDI497	
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1.	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name:	Mark Townsend				
2.	Reason for the notification					
a)	Position/status:	Chief Financial Officer				
b)	Initial notification/Amendment:	Initial notification				
3.	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name:	Maintel Holdings Plc				
b)	LEI:	2138008TDMNV6ODDI497				
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