

## Maintel Holdings Plc ("Maintel" or "the Company")

### Grant of Options

Further to the announcement dated 1 October 2019, the Company announces that on 14 October 2019 options were granted over ordinary shares of 1 pence each in Maintel ("Ordinary Shares") to Iain MacRae, Chief Executive Officer, in accordance with the rules of the Company's 2015 Long-Term Incentive Plan ("LTIP"), with certain options being granted under the Company share option plan ("LTIP CSOP").

The table below sets out all grants made under the LTIP and LTIP CSOP to Iain:

Scheme	Number of options over Ordinary Shares	Exercise price £	Total number of options over Ordinary Shares
LTIP CSOP	6,976	4.30	6,976
LTIP	93,024	4.30	93,024

The awards were made as market value priced options and the exercise price was determined by reference to the previous dealing day's closing middle market price. The awards are not subject to the achievement of performance conditions. The normal date of vesting for these options will be 14 October 2022 and the last date for exercise will be 14 October 2029.

Enquiries:

Maintel Holdings Plc

Win Chime - Company Secretary 020 7401 0562

finnCap Ltd

Jonny Franklin-Adams / Anthony Adams 020 7220 0500

### Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them

1.	<b>Details of the person discharging managerial responsibilities/person closely associated</b>	
a)	Name:	Iain MacRae
2.	<b>Reason for the notification</b>	
a)	Position/status:	Chief Executive Officer
b)	Initial notification/Amendment:	Initial notification
3.	<b>Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor</b>	
a)	Name:	Maintel Holdings Plc
b)	LEI:	2138008TDMNV6ODDI497

4.	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>										
a)	Description of the financial instrument, type of instrument:  Identification code:	Ordinary shares of 1p each  GB00B046YG73									
b)	Nature of the transaction:	Grant of options over ordinary shares under the Company's 2015 Long-Term Incentive Plan									
c)	Price(s) and volume(s):	<table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume(s)</th> <th></th> </tr> </thead> <tbody> <tr> <td>£4.30</td> <td>6,976</td> <td>LTIP CSOP</td> </tr> <tr> <td>£4.30</td> <td>93,024</td> <td>LTIP</td> </tr> </tbody> </table>	Price(s)	Volume(s)		£4.30	6,976	LTIP CSOP	£4.30	93,024	LTIP
Price(s)	Volume(s)										
£4.30	6,976	LTIP CSOP									
£4.30	93,024	LTIP									
d)	Aggregated information: <ul style="list-style-type: none"> <li>Aggregated volume:</li> <li>Price:</li> </ul>	Transactions as in 4 c) above  <table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td>£4.30</td> <td>100,000</td> </tr> </tbody> </table>	Price(s)	Volume(s)	£4.30	100,000					
Price(s)	Volume(s)										
£4.30	100,000										
e)	Date of the transaction:	14 October 2019									
f)	Place of the transaction:	Off market transaction									